



# IOSH Working Safely



## Introduction

The Institution of Occupational Safety and Health (IOSH) is Europe's leading body for health and safety and is committed to promoting protection from workplace hazards at every level.

IOSH Working Safely is designed for delegates to gain an understanding of the essentials of health and safety. It focuses on why health and safety is important and how individuals can positively contribute to health and safety within their organisation ensuring that individual responsibilities are clearly understood. The course covers all the basics in a high impact interactive format.



## Course Duration

SSG offer this course over one day as a classroom or virtual course.



## Course Attendees

This course is intended for people at any level, in any sector, needing a grounding in the essentials of health and safety. Everyone at work should understand why they must 'work safely' and this course offers exactly that in a refreshingly informal way.



## Course Programme

### Part 1: Introducing working safely

- Why is it important to work safely?

### Part 2: Defining hazard and risk

- What is a hazard and what can cause you harm?
- What is risk?
- How can risks be controlled?
- How do you decide what to do about risk?

### Part 3: Identifying common hazards

- What are some common hazards?
- What can we do about common hazards?
- Includes: asbestos, computer workstations, housekeeping, lighting, slips, trips and falls, stress, temperature, fire, manual handling, noise, plant and machinery

### Part 4: Improving safety performance

- What are the organisation's responsibilities?
- What are your responsibilities?
- How is safety improved?



## Training Certification and Assessment

Delegates will complete both a written and practical assessment. Those who successfully complete this course will be issued with an IOSH certificate.



## Suggested Follow on and Complementary Courses

- IOSH Managing Safely®
- Risk Assessment Workshop
- Fire Safety Awareness
- Emergency First Aid at Work